



# *Cantata Insights Series 2023–2024*

## *Meine Seel erhebt den Herren, BWV 10* *(My Soul Praises the Lord)*

Saturday, January 20, 2023 at 6 pm | Christ Church, Denver

Sunday, January 21, 2023 at 6 pm | Plymouth Congregational Church, Fort Collins

*Sponsored by Florian and Elaine Hild,  
in honor of Brigitte and Gesa Hild and their love for choral music.*

### **Program**

---

#### **1. Chorus**

My soul magnifies the Lord,  
and my spirit rejoices in God, my Savior;  
for he has regarded his lowly handmaid.  
Behold, from now on all generations will call me  
blessed.

#### **2. Aria S**

Lord, you who are strong and mighty,  
God, whose name is holy,  
how wonderful are your deeds!  
You have looked upon wretched me,  
You have done so much for me,  
that I cannot count or tell it all.

#### **3. Recitative T**

The goodness and love of the Highest  
is renewed every morning  
and endures for ever and ever  
with them, who from here  
look for his help  
and trust him in true fear.  
He also uses force  
with his arm  
against those, who are neither cold  
nor warm  
in faith and in love;  
who are naked, bare, and blind,  
who are full of pride and arrogance,  
will be scattered like straw by his hand.

#### **4. Aria B**

The mighty God casts from their thrones,  
down into the sulfurous pit;  
the humble God means to exalt,  
so that they are as the stars in heaven.

The rich God leaves bare and empty,  
the hungry he fills with gifts,  
so that, from the sea of his grace  
they might always have their fill of riches.  
so that on his sea of grace they  
always have riches and abundance.

#### **5. Duetto (e Choral) A, T**

He remembers his mercy  
and helps his servant Israel.

#### **6. Recitative T**

What God, in times past, to our forefathers,  
has spoken and promised,  
he fulfills in his works and also in deeds.  
What God to Abraham,  
when he came to him in his tents,  
promised and swore,  
has, at the fullness of time, occurred.  
His seed must be scattered  
as plentifully as sand on the shore  
and as stars in the firmament,  
the Savior was born,  
the eternal Word appears in the flesh,  
the race of man, from death and all evil  
and from the slavery of Satan  
is delivered out of pure love;  
Thus it ever is,  
that God's Word is full of grace and truth.

#### **7. Chorale**

Honor and glory be to the Father, and to the Son  
and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be  
for ever and ever, Amen.

## Performers

### Singers

---

#### Soprano

Elise Greenwood Bahr  
Mara Riley, soloist  
Mary Sandell

#### Tenor

Todd Teske, soloist  
Lucas Jackson  
Michael Hoffman

#### Alto

Elijah English  
Ingrid Johnson, soloist  
Leah Creek Biesterfeld

#### Bass

Aaron Harp, soloist  
Stuart Dameron  
Nathan Payant

### Instrumentalists

---

Robyn Julyan, Violin I  
Ben Tomkins, Violin I  
Heejung Kim, Violin II  
Adrienne Short, Violin II  
Aniel Caban, Viola  
Sarah Biber, Cello

David Crowe, Doublebass  
Miriam Kapner, Oboe I  
Ian Wisekal, Oboe II  
Cayla Bellamy, Bassoon  
Ken Mervine, Keyboard

## Coming Up Next

*B Minor Mass*  
February 23 & 24, 2024

*Cantata Insights Series, BWV 111*  
March 16, 2024

*Cantata Insights Series, BWV 66*  
April 6 & 7, 2024

*Bach Competition for Young Artists*  
May 18, 2024

More Info: [www.ColoradoBach.org](http://www.ColoradoBach.org)

If you would like to sponsor one of our future concerts, contact us at [info@coloradobach.org](mailto:info@coloradobach.org).

**We Appreciate Your Support!!**

Consider giving to Colorado Bach Ensemble by scanning this QR code with your phone



Mail checks payable to **Colorado Bach Ensemble** to 4500 E Hampden Ave, Cherry Hills Village, CO 80113

*Thank you to our Sponsors!*

